**PINNIE TAG**

**GAME DETAILS:**

Theme: Dodging, Cradling, Stick Protection  
Field Location: Any  
Field Position: All  
Time Needed: 5-10 minutes  
Athlete Development Stage: All

**OBJECTIVE:**

Players protect their pinnie while working to take another player's pinnie.

**DESCRIPTION:**

Players are divided up into pairs by the coach and placed in a 5x5 yard box. Each partner will tuck a pinnie, flag, or similar into the waistband of their pants or shorts.

**EXECUTION:**

On the coach’s whistle, they must try to take their partners pinnie. If they succeed, they get one point, give it back and restart the game.

**SKILLS PRACTICED:**

- Dodging, Stick Protection, Agility

**VARIATIONS:**

Add a stick and have the opponent try to touch it. Hold a ball in their open palm to work on cradling motion. Keep one foot as a pivot only foot. Play the game as a whole team instead of in boxes.

**DIAGRAM:**