



LGBTQ+ 101 TERMINOLOGY

Lesbian

• An identity for people who are female identified and who are attracted sexually/erotically and emotionally to some other females.

Gay

 An identity for people who are male identified and who are attracted sexually/erotically and emotionally to some other males.

Bisexual

- An identity for people who are attracted sexually/erotically and emotionally to some other male and female identified people.
- There is no percentage of attraction required to be bisexual you don't need to like men and women equally

Trans

- A term used to describe people whose gender identity is different from their sex assigned at birth.
- Trans people may or may not choose to alter their bodies hormonally and/or surgically.

Oueer

• This term makes space for the expression of a variety of identities outside of rigid categories associated with sex, gender or attraction.

Cisgender

• An adjective used to refer to someone whose gender identity is the same as the sex assigned to them at birth.



info@youcanplayproject.org





/YouCanPlayProject