

2023 USA LACROSSE NATIONAL TOURNAMENT TRYOUT INFORMATION

Sub-Region	Coordinator	Phone	E-mail	Tryout Information	Tryout Fee	Last Day to Register
Adirondack						
Arizona						
Central Pennsylvania						
Central Texas						
Colorado						
Connecticut						
DC Metro						
Eastern Shore	Molly Phillips	757-743-3490	molly.phillips@capital.k12.de.us	April 2, 2023 12:00 PM - 3:00 PM EST Dover High School	\$30.00	April 2, 2023
Georgia	Brandon Allen	678-860-3102	brandon@newtownrec.com	March 26, 2023 1:00 PM - 4:00 PM EST Creekview High School	\$40.00	March 23, 2023
Greater Houston						
Gulf Coast						
Hudson Valley						
Idaho/Montana/ Wyoming						
Illinois	Katie Fegan	708-373-0222	katherinefegan@gmail.com	April 16, 2023 10:00 AM - 12:00 PM CST Fenwick Priory Turf Field	\$60.00	April 12, 2023
Kentucky						
Long Island Metro						
Los Angeles (LA)						
Maine						
Massachusetts						
Rhode Island						
MD Metro						
Missouri/Kansas						
New Hampshire						
New Jersey North						
New Jersey South						
North Carolina						
North Florida						
North Texas						
Northern California						
Ohio						
Orange County	Michael Welter	714-393-3075	sjhglax@gmail.com	April 16, 2023 Time: TBD Location: TBD	\$50.00	April 9, 2023

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Orlando						
Philadelphia	Austin Martin	704-345-2928	Ammbrown18@gmail.com	April 16, 2023 8:00 AM - 4:00 PM Academy of Notre Dame	\$60.00	April 8, 2023
Pittsburgh						
San Diego	Lizzy Des Enfants	619-874-5730	lizzydesenfants@gmail.com	January 21, 2023 2:00 PM - 5:00 PM PST North San Diego County Region	\$60.00	January 18, 2023
South Carolina						
Southern Florida						
Tennessee						
Upstate NY						
Utah						
Vermont						
Virginia						
Washington						
Western NY Greater Rochester						
Wisconsin						