

2023 USA LACROSSE NATIONAL TOURNAMENT TRYOUT INFORMATION

You **MUST** tryout for the sub-region in which your **high school** is located. 9-11 grade Varsity JV players **ONLY**.

Sub-Region	Coordinator	Phone	E-mail	Tryout Information	Tryout Fee	Last Day to Register
Adirondack						
Arizona	Sydney Anderson	240-377-7376	sydanderson16@gmail.com	April 1, 2023 4:00 PM - 7:00 PM MST Arcadia High School	\$50.00	March 25, 2023
Central Pennsylvania	Ally Gorina	717-448-4108	Allybrehm13@outlook.com	April 16, 2023 11:00 AM - 2:00 PM EST Carlisle Area School District Turf Field	\$60.00	April 8, 2023
Central Texas						
Colorado						
Connecticut	Phillip Schneider	860-884-1980	phillip-schneider@att.net	April 16, 2023 8:00 AM - 12:00 PM EST Choate Rosemary Hall	\$60.00	April 13, 2023
DC Metro	Janet McCormick	412-877-2719	janet.mccormick@holton-arms.edu	March 19, 2023 1st Tryout 9:00 AM - 12:40 PM EST 2nd Tryout 12:10 PM - 3:50 PM EST Holton-Arms School	\$60.00	March 14, 2023
Eastern Shore	Molly Phillips	757-743-3490	molly.phillips@capital.k12.de.us	April 2, 2023 12:00 PM - 3:00 PM EST Dover High School	\$30.00	April 2, 2023
Georgia	Brandon Allen	678-860-3102	brandon@newtownrec.com	March 26, 2023 1:00 PM - 4:00 PM EST Creekview High School	\$40.00	March 23, 2023
Greater Houston	Kristina Cancelmo	713-443-3013	greaterhoustonwnt2023@gmail.com	April 15, 2023 8:30 AM - 1:00 PM CST St. John's School	\$60.00	April 11, 2023
Gulf Coast	James Woods	239-784-1627	blairoid2002@yahoo.com	April 16, 2023 9:00 AM - 2:00 PM GT Bray Park	\$60.00	April 13, 2023
Hudson Valley						
Idaho/Montana	Joni Petro	513-324-7773	nwmrtlax@gmail.com	Idaho Location: April 1, 2023 4:00 PM - 6:00 PM MST Owyhee High School Montana Location: April 14, 2023 6:00 PM - 8:00 PM MST Northwest Park, Field 1	\$30.00	March 29, 2023 (Idaho) April 11, 2023 (Montana)

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Illinois	Katie Fegan	708-373-0222	katherinefegan@gmail.com	April 16, 2023 10:00 AM - 12:00 PM CST Fenwick Priory Turf Field	\$60.00	April 12, 2023
Kentucky	Dean Walker	502-767-6162	dean.walker.ky@gmail.com	April 16, 2023 1:00 PM - 4:00 PM EST Rachel Baker Field	\$50.00	April 12, 2023
Long Island Metro						
Los Angeles (LA)						
Maine						
Massachusetts Rhode Island	Anne Quigley	617-835-6325	massrilacrosse@gmail.com	April 30, 2023 3:00 PM - 7:00 PM EST Medway High School	\$60.00	April 23, 2023
MD Metro	Mark Mozier	410-330-8840	markmozier@aol.com	March 26, 2023 3:00 PM - 7:00 PM EST Severn School	\$60.00	March 23, 2023
New Hampshire	McKinley Sbordone	603-261-5674	mckinley.curro@gmail.com	March 12, 2023 1:00 PM - 5:00 PM EST NH Sportsdome - Goffstown or April 2, 2023 2:00 PM - 6:00 PM EST Manchester High School	\$60.00	March 10, 2023
New Jersey North						
New Jersey South						
North Carolina						
North Florida	Krista Crittenden	772-766-1679	grabherk@esj.org	March 19, 2023 9:00 AM - 11:00 AM EST Davis Park	\$40.00	March 18, 2023
North Texas						
Northern California	Tom Perry	925-389-7459	tperry@truelacrosse.com	March 26, 2023 9:00 AM - 12:00 PM PST Saint Mary's College	\$50.00	March 24, 2023
Ohio						
Orange County	Michael Welter	714-393-3075	sjhglax@gmail.com	April 16, 2023 2:00 PM - 5:00 PM PST Aliso Niguel High School	\$50.00	April 9, 2023
Orlando	John Ault	407-558-9590	john@southernlaxevents.com	April 2, 2023 1:00 PM - 4:00 PM EST Deputy Scott Pine Field	\$60.00	April 2, 2023

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Philadelphia	Austin Martin	704-345-2928	Ambrown18@gmail.com	April 16, 2023 8:00 AM - 4:00 PM EST Academy of Notre Dame	\$60.00	April 8, 2023
Pittsburgh	Brian Kattan	412-491-8988	brian.kattan@gmail.com	March 26, 2023 8:30 AM - 2:30 PM EST North Hills HS Stadium	\$50.00	March 24, 2023
San Diego	Lizzy Des Enfants	619-874-5730	lizzydesenfants@gmail.com	January 21, 2023 2:00 PM - 5:00 PM PST North San Diego County Region	\$60.00	January 18, 2023
South Carolina	Kayla Mattingly	843-816-4599	klguillerault@gmail.com	March 26, 2023 9:00 AM - 3:00 PM EST Chapin High School	\$50.00	March 24, 2023
South Texas						
Southern Florida	Micole Walters	954-599-9222	00micolewalters@gmail.com	April 15, 2023 3:00 PM - 6:00 PM EST Ransom Everglades School	\$50.00	April 14, 2023
Tennessee	Brandon Cavins	901-355-8058	bcavins4@gmail.com	April 2, 2023 11:00 AM - 1:00 PM CST Harpeth Hall	\$50.00	March 31, 2023
Upstate NY	Dennis Kennedy	315-708-9996	dkennedylax@gmail.com	April 30, 2023 9:00 AM - 11:00 AM EST Nottingham HS Turf Stadium	\$50.00	April 28, 2023
Utah	Cassie Cottle	801-590-9950	cassie@imlaxutah.org	April 22, 2023 8:00 AM - 11:00 AM MST Brighton HS Stadium	\$40.00	April 22, 2023
Vermont						
Virginia	Margie Snead	804-338-0645	midatlanticvirginia@gmail.com	April 16, 2023 10:00 AM - 3:00 PM EST Trinity Episcopal School	\$60.00	April 10, 2023
Washington	Erin Massena	425-870-7841	admin@wslax.org	March 26, 2023 9:00 AM - 12:30 PM PST Marymoor Park	\$60.00	March 23, 2023
Western NY Greater Rochester	Beth Stone	716-310-8211	bstone@nicholsschool.org	March 19, 2023 11:00 AM - 1:00 PM EST Niagara University Kiernan Center (Indoors)	\$50.00	March 17, 2023
Wisconsin	Indy Stluka	608-443-8299	Indy.Stluka@wisconsinlacrosse.com	April 16, 2023 10:00 AM - 2:00 PM CST Wauwatosa East HS	\$50.00	April 14, 2023