

2024 USA LACROSSE NATIONAL TOURNAMENT TRYOUT INFORMATION

You **MUST** tryout for the sub-region in which your **high school** is located. Questions? Email Shannon Minter at sminter@usalacrosse.com

Sub-Region	Coordinator	Phone	E-mail	Tryout Information	Tryout Fee	Last Day to Register
Arizona	Catherine Dibonaventura	480-748-8434	Kdonaven@gmail.com	March 30, 2024 9:00am - 12:00pm Notre Dame Prep HS	\$50.00	March 29, 2024
Central Pennsylvania	Alexandra Brehm	717-448-4108	Allybrehm13@outlook.com	April 14, 2024 9:00am - 1:00pm Lancaster Catholic HS	\$60.00	April 7, 2024
Central Texas						
Colorado						
Connecticut	Phillip Schneider	860-884-1980	phillip-schneider@att.net	April 14, 2024 8:00am - 12:30pm Choate Rosemary Hall	\$60.00	April 11, 2024
DC Metro	Janet McCormick	301-365-6466	janet.mccormick@holton-arms.edu	April 14, 2024 9:00am - 1:00pm Episcopal High School	\$60.00	April 8, 2024
Eastern Shore						
Georgia	Sarah Serbinski	773-444-8809	coachsarahlax@gmail.com	March 17, 2024 12:00pm - 2:00pm Shakerag Park	\$50.00	March 15, 2024
Greater Houston	Amanda Bencosme	607-222-7904	abencosme@sjs.org	April 7, 2024 9:00am - 1:00pm St. John's School Caven Field	\$60.00	April 4, 2024
Gulf Coast	Lynn Garrison	239-200-4090	garrison_lynnm@yahoo.com	April 14, 2024 9:00am - 2:00pm GT Bray Park	\$60.00	April 11, 2024
Hudson Valley						
Idaho/Montana/Wyoming	Joni Petro	513-324-7773	nwmrtlax@gmail.com	Idaho: April 6, 2024 9:00am - 11:00am Eagle High School Montana/Wyoming: April 19, 2024 6:00pm - 8:00pm Northwest Park	\$35.00	Idaho: April 4, 2024 Montana/Wyoming: April 17, 2024
Illinois						
Iowa/Nebraska	Meghan Gruver	420-937-7247	meghanlayers@gmail.com	April 21, 2024 9:00am - 2:00pm Millard West High School	\$40.00	April 11, 2024
Kentucky	Dean Walker	502-767-6162	dwalker7@msn.com	April 14, 2024 1:00pm - 4:00pm South Oldham HS	\$45.00	April 8, 2024

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Long Island Metro	Morgan OConnor	516-316-9691	mmolinari@sacredheartacademyli.org	May 5, 2024 12:00pm - 4:00pm Cold Spring Harbor HS	\$60.00	April 26, 2024
Los Angeles	Aaron Karsh	310-619-5093	coachkarsh@gmail.com	March 3, 2024 9:00am - 12:00pm Mira Costa High School	\$0.00	February 23, 2024
Massachusetts Rhode Island	Anne Quigley	617-835-6325	massrilacrosse@gmail.com	April 14, 2024 3:00pm - 7:00pm Medway High School	\$60.00	April 9, 2024
MD Metro	Mark Mozier	410-330-8840	markmozier@aol.com	March 24, 2024 3:00pm - 7:00pm Severn School	\$60.00	March 20, 2024
New Hampshire	McKinley Sbordone	603-261-5674	mckinley.curro@gmail.com	April 14, 2024 12:00pm - 4:00pm Manchester West	\$60.00	April 13, 2024
New Jersey North						
New Jersey South						
North Carolina	Aleksandra Mohar	919-417-3729	coachmo006@gmail.com	April 6, 2024 10:00am - 1:00pm Pleasant Park	\$60.00	April 1, 2024
North Coast Ohio						
North Florida	Krista Grabher	772-766-1679	grabherk@esj.org	March 3, 2024 12:00pm - 2:00pm Jangro Stadium	\$40.00	March 2, 2024
North Texas						
Northern California	Cori Conner	707-364-5417	Cori@advnclacrosse.com	March 24, 2024 9:30am - 11:30am (2027s) 12:00pm - 2:00pm (2026s & 2025s) Oakland Technical HS	\$50.00	March 23, 2024
Orange County	Michael Welter	714-393-3075	sjhglax@gmail.com	January 21, 2024 2:00pm - 5:00pm San Juan Hills High School	\$50.00	January 12, 2024
Orlando	Glenn Johannes	407-474-9050	glenn14.johannes@gmail.com	April 7, 2024 9:00am - 12:00pm Lake Mary High School	\$60.00	March 29, 2024
Philadelphia	Chelsea Rosiek	215-939-2748	chelsea@apexlacrosseevents.com	April 14, 2024 8:00am - 12:00pm Academy of Notre Dame	\$60.00	April 14, 2024
Pittsburgh	Brian Kattan	412-491-8988	brian.kattan@gmail.com	April 7, 2024 9:00am - 2:30pm North Hills High School	\$50.00	April 4, 2024

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San Diego	Caryl Hall	760-520-9332	caryl@triadathletes.com	January 28, 2024 2:00pm - 4:00pm University City High School	\$60.00	January 28, 2024
South Carolina	Raven Thomas	803-546-7197	raventhomas.lax@gmail.com	April 7, 2024 9:00am - 2:00pm Chapin High School	\$50.00	April 5, 2024
Southern Florida	Kristina Stein	954-304-2309	Kristina.Stein@cbrealty.com	April 14, 2024 3:00pm - 6:00pm St. Thomas Aquinas HS	\$50.00	April 12, 2024
Southern Ohio						
Tennessee	Brandon Cavins	901-355-8058	bcavins4@gmail.com	April 7, 2024 11:00am - 1:00pm Harpeth Hall School	\$50.00	April 6, 2024
Upstate NY	Dennis Kennedy	315-708-9996	dkennedylax@gmail.com	April 28, 2024 9:00am - 11:00am Nottingham Turf Stadium	\$50.00	April 26, 2024
Utah	Cassie Cottle	801-814-4699	cassie@implaxutah.org	March 23, 2024 8:00am - 11:00am Brighton HS Stadium	\$40.00	March 23, 2024
Vermont						
Virginia	Margie Snead	804-338-0645	midatlanticvirginia@gmail.com	April 21, 2024 10:00am - 3:00pm Trinity Episcopal School	\$60.00	April 17, 2024
Washington	Erin Massena	425-870-7841	admin@wslax.org	March 24, 2024 9:00am - 1:00pm Marymoor Park	\$60.00	March 20, 2024