



# 2022 NFHS GIRLS LACROSSE RULES INTERPRETATIONS

**Publisher's Note:** The National Federation of State High School Associations is the only source of official high school interpretations. They do not set aside nor modify any rule. They are made and published by the NFHS in response to situations presented.

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**2022 NFHS/USAL Girls Lacrosse Rules Book Corrections:** (Underlining shows additions; strikethrough shows deletions.)

**Page 62, 10.1 PEN SITUATION A:** (10-1~~tt~~)

**Page 67, 12-8 MISCONDUCT PENALTIES 3b:** If a goal is scored, ~~...with the opposing center 4 meters away at a 45 degree angle.~~

**Page 78, COMMENTS ON THE 2022 RULES CHANGES:** 2-6-1b, c, NOTE (NEW): In an effort to align..., a molded and non-rigid helmet eye shield...

## 2022 SITUATIONS:

**SITUATION 1:** The Blue team is awarded possession on a boundary following a missed pass by the Red team. A Blue player runs off the field, picks up the ball and calls a possession time-out. Following the time-out, a different Blue player commences play on the official's whistle from the spot on

the field relative to where the ball went out of bounds. **RULING:** Correct procedure. **COMMENT:** Play will commence on the official's whistle after a possession time-out. Any Blue player may take the boundary ball and shall resume play on the field within 2 meters of a boundary line. All others must be a minimum of 2 meters from the player with the ball. (4-3-3a, 6-3-1)

**SITUATION 2:** A Blue player is whistled for an empty stick check at mid-field on Red No. 5. The Red team calls a possession time-out. Following the team time-out, Red No. 9 replaces Red No. 5 on the field. **RULING:** Illegal procedure. **COMMENT:** Any player may substitute following a team time-out, except for the player awarded the ball and the offender. (4-3-3; 9-1 PENALTIES for Violation of 9-1-1a, b and e-r)

**SITUATION 3:** During play, Red player No. 2 runs to the sideline to exchange a crosse. As No. 2 approaches the sideline, a Red coach enters the substitution area with a crosse. The Red coach, posi-

tioned in the substitution area, reaches out and exchanges crosses with player No. 2 running on the field by the substitution area. **RULING:** Legal. **COMMENT:** A player or coach is allowed to enter the substitution area to exchange a crosse when a player on the field is in the act of running to the substitution area. The crosse must enter and exit the field through the substitution area. The player exchanging a crosse may, but is not required, enter the substitution area to exchange the crosse. (4-7-5b, 9-1h)

**SITUATION 4:** The Red goalkeeper reaches out to bring the ball back into the goal circle with one foot completely out of the circle and one foot in the air above – but within the plane of – the goal circle. **RULING:** Legal procedure. **COMMENT:** The goalkeeper may reach out and bring a ball back into the goal circle provided a foot is inside (breaking the plane) of the goal circle. (7-1-2e, 7-2-1d)