



REGIONAL ACADEMY CONNECTICUT

WOMEN'S COACHES' SCHEDULE

SATURDAY, JANUARY 17

8:30 am	Check-In	
9:00 am	Erica Bamford, Yale University	Stickwork
10:15 am	Jennifer Thomas, Springfield College	From Chaos to Control: Building Your Transition System
11:30 am	Darcy Messina, St. Anthony's HS (NY)	Team Culture
12:30 pm	LUNCH	
1:30 pm	Pat McCabe, Adelphi University	Transition Offense
2:45 pm	Stephanie Calabrese, CT Grizzlies	Building Fundamental Specialists
4:00 pm	Networking Social	
6:00 pm	Hockey Game	

SUNDAY, JANUARY 18

9:00 am	Katie Frederick, UCONN	Goalie Training
10:00 am	Jesse Arline/ Bridget Rossignol, USAL	Coaching Fundamentals
11:00 am	Dennis Kennedy, DK Lax/ Orange Crush	Protecting the Hive 2