



REGIONAL ACADEMY CONNECTICUT

WOMEN'S COACHES' SCHEDULE

SATURDAY, JANUARY 17

8:30 am	Check-In
9:00 am	Erica Bamford, Yale University
10:15 am	Jennifer Thomas, Springfield College
11:30 am	Darcy Messina, St. Anthony's HS (NY)
12:30 pm	LUNCH
1:30 pm	Pat McCabe, Adelphi University
2:45 pm	Stephanie Calabrese, CT Grizzlies
4:00 pm	Networking Social
6:00 pm	Hockey Game

Stickwork

From Chaos to Control: Building Your Transition System

Team Culture

Transition Offense

Building Fundamental Specialists

SUNDAY, JANUARY 18

9:00 am	Katie Frederick, UCONN	Goalie Training
10:00 am	Jesse Arline/ Bridget Rossignol, USAL	Coaching Fundamentals
11:00 am	Dennis Kennedy, DK Lax/ Orange Crush	Protecting the Hive 2