



USA
LACROSSE

AGE BRACKETS RULES USED

18U-15U	See NFHS Rules
14U-13U	See 14U Rules
12U-11U	See 12U Rules
10U-9U	See 10U Rules
8U-7U	See 8U Rules
6U and Below	See 6U Rules

AGE GROUPING QUICK REFERENCE TABLE (12 MONTHS)

For play occurring between September 01, 2023 – August 31, 2024

BIRTH MONTH	BIRTH YEAR													
	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
JANUARY	6U 2036	7U 2035	8U 2034	9U 2033	10U 2032	11U 2031	12U 2030	13U 2029	14U 2028	15U 2027	16U 2026	17U 2025	18U 2024	
FEBRUARY	6U 2036	7U 2035	8U 2034	9U 2033	10U 2032	11U 2031	12U 2030	13U 2029	14U 2028	15U 2027	16U 2026	17U 2025	18U 2024	
MARCH	6U 2036	7U 2035	8U 2034	9U 2033	10U 2032	11U 2031	12U 2030	13U 2029	14U 2028	15U 2027	16U 2026	17U 2025	18U 2024	
APRIL	6U 2036	7U 2035	8U 2034	9U 2033	10U 2032	11U 2031	12U 2030	13U 2029	14U 2028	15U 2027	16U 2026	17U 2025	18U 2024	
MAY	6U 2036	7U 2035	8U 2034	9U 2033	10U 2032	11U 2031	12U 2030	13U 2029	14U 2028	15U 2027	16U 2026	17U 2025	18U 2024	
JUNE	6U 2036	7U 2035	8U 2034	9U 2033	10U 2032	11U 2031	12U 2030	13U 2029	14U 2028	15U 2027	16U 2026	17U 2025	18U 2024	
JULY	6U 2036	7U 2035	8U 2034	9U 2033	10U 2032	11U 2031	12U 2030	13U 2029	14U 2028	15U 2027	16U 2026	17U 2025	18U 2024	
AUGUST	6U 2036	7U 2035	8U 2034	9U 2033	10U 2032	11U 2031	12U 2030	13U 2029	14U 2028	15U 2027	16U 2026	17U 2025	18U 2024	
SEPTEMBER		6U 2036	7U 2035	8U 2034	9U 2033	10U 2032	11U 2031	12U 2030	13U 2029	14U 2028	15U 2027	16U 2026	17U 2025	18U 2024
OCTOBER		6U 2036	7U 2035	8U 2034	9U 2033	10U 2032	11U 2031	12U 2030	13U 2029	14U 2028	15U 2027	16U 2026	17U 2025	18U 2024
NOVEMBER		6U 2036	7U 2035	8U 2034	9U 2033	10U 2032	11U 2031	12U 2030	13U 2029	14U 2028	15U 2027	16U 2026	17U 2025	18U 2024
DECEMBER		6U 2036	7U 2035	8U 2034	9U 2033	10U 2032	11U 2031	12U 2030	13U 2029	14U 2028	15U 2027	16U 2026	17U 2025	18U 2024

Standard high school graduation year is listed under age as a guide. Birthdate is the determining factor for placement.