



USA
LACROSSE

AGE GROUPING QUICK REFERENCE TABLE (12 MONTHS)

For play occurring between September 01, 2025 – August 31, 2026

AGE BRACKETS RULES USED

18U-15U	See NFHS Rules
14U-13U	See 14U Rules
12U-11U	See 12U Rules
10U-9U	See 10U Rules
8U-7U	See 8U Rules
6U and Below	See 6U Rules

BIRTH MONTH	BIRTH YEAR													
	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007
JANUARY	6U 2038	7U 2037	8U 2036	9U 2035	10U 2034	11U 2033	12U 2032	13U 2031	14U 2030	15U 2029	16U 2028	17U 2027	18U 2026	
FEBRUARY	6U 2038	7U 2037	8U 2036	9U 2035	10U 2034	11U 2033	12U 2032	13U 2031	14U 2030	15U 2029	16U 2028	17U 2027	18U 2026	
MARCH	6U 2038	7U 2037	8U 2036	9U 2035	10U 2034	11U 2033	12U 2032	13U 2031	14U 2030	15U 2029	16U 2028	17U 2027	18U 2026	
APRIL	6U 2038	7U 2037	8U 2036	9U 2035	10U 2034	11U 2033	12U 2032	13U 2031	14U 2030	15U 2029	16U 2028	17U 2027	18U 2026	
MAY	6U 2038	7U 2037	8U 2036	9U 2035	10U 2034	11U 2033	12U 2032	13U 2031	14U 2030	15U 2029	16U 2028	17U 2027	18U 2026	
JUNE	6U 2038	7U 2037	8U 2036	9U 2035	10U 2034	11U 2033	12U 2032	13U 2031	14U 2030	15U 2029	16U 2028	17U 2027	18U 2026	
JULY	6U 2038	7U 2037	8U 2036	9U 2035	10U 2034	11U 2033	12U 2032	13U 2031	14U 2030	15U 2029	16U 2028	17U 2027	18U 2026	
AUGUST	6U 2038	7U 2037	8U 2036	9U 2035	10U 2034	11U 2033	12U 2032	13U 2031	14U 2030	15U 2029	16U 2028	17U 2027	18U 2026	
SEPTEMBER		6U 2038	7U 2037	8U 2036	9U 2035	10U 2034	11U 2033	12U 2032	13U 2031	14U 2030	15U 2029	16U 2028	17U 2027	18U 2026
OCTOBER		6U 2038	7U 2037	8U 2036	9U 2035	10U 2034	11U 2033	12U 2032	13U 2031	14U 2030	15U 2029	16U 2028	17U 2027	18U 2026
NOVEMBER		6U 2038	7U 2037	8U 2036	9U 2035	10U 2034	11U 2033	12U 2032	13U 2031	14U 2030	15U 2029	16U 2028	17U 2027	18U 2026
DECEMBER		6U 2038	7U 2037	8U 2036	9U 2035	10U 2034	11U 2033	12U 2032	13U 2031	14U 2030	15U 2029	16U 2028	17U 2027	18U 2026

Standard high school graduation year is listed under age as a guide. Birthdate is the determining factor for placement.