



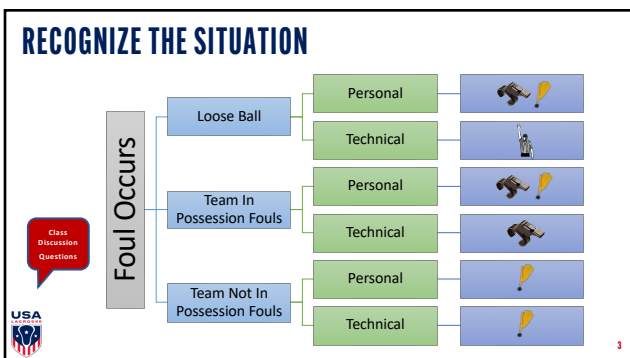
Student Notes



1



2



3



Student Notes

FLAG DOWN-SLOW WHISTLE

FDSW

- FDSW is used when a team is possession is fouled
- If you see a foul:
 - Throw the flag high
 - Yell "Flag Down"
 - Remember the number!
- Know the rules of when to stop the play
 - GOODIES



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WHAT IS GOODIES?

AN ACRONYM TO HELP YOU REMEMBER

- **G**oal
- **O**ffense commits foul
- **O**ut of Bounds
- **D**efense gains possession
- **I**njury stoppage
- **E**nd of period/equipment loss
- **S**econd foul by defense



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FLAG DOWN, SLOW WHISTLE STEPS



6



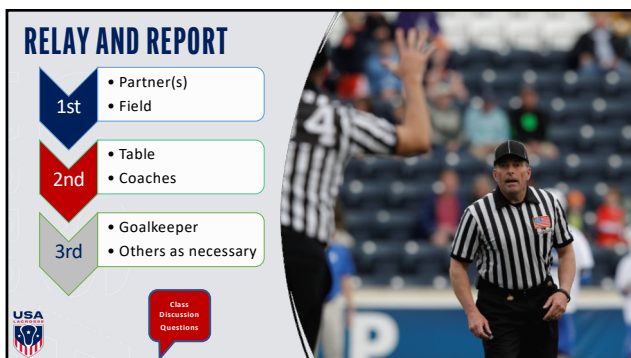
Student Notes



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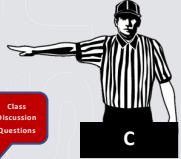
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Student Notes

REPORT PENALTIES (C-NOTE)

Blue



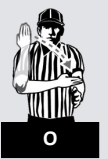
C

Two



N

Slashing



O

1-minute



T

Class Discussion Questions

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Explanation is optional, use when needed:
"Dead ball foul, Team A ball at Center X"

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PROPER PENALTY REPORTING

WATCH THE BEST DO IT CORRECTLY



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PENALTY REPORTING PRACTICE

PRACTICE TIME

 Throw the flag

Yell "Flag Down"

 Report a penalty

Personal fouls
Technical fouls

ACTIVITY ALERT

 Give your phone to a neighbor and have them videotape you reporting fouls.

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Student Notes

WHEN TO USE THE IN-HOME

? No Number and/or Coach ?

Class Discussion Questions

CAPTAINS		CAPTAINS	
POSS. CHECKS	POINTS	POSS. CHECKS	POINTS
	2		14
TEAM CAPTAIN		TEAM CAPTAIN	

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PLAY-ON

KEEP THEM SHORT

Play-On!

Class Discussion Questions

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PLAY-ON PROCESS

Team B commits loose ball technical

"Play-On"

Team A Does Not Gain Possession

- Stop play
• Eyes on any extra action
- Signal penalty
• Push
- Award Possession
• "Red Ball"

Team A Gains Possession

Play-Off!

ACTIVITY ALERT

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Student Notes

PLAY-ON VIDEO

LOOSE BALL INTERFERENCE



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TECHNICAL FOUL DRILL

DEMONSTRATE THE SIGNALS

- Push w/Possession
- Holding
- Offside
- Illegal Procedure
- Conduct Foul
- Interference



ACTIVITY ALERT



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CORRECTION OF ERRORS

WE ALL MAKE MISTAKES

- Take Your Time
 - Clock stops when you blow whistle
- Understand the Mistake
 - What happened?
- Inform Everyone of Error AND Correction
- Give teams time to sub personnel
 - Do not advantage a team by restarting too fast.



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Student Notes