

BOYS RULE CHANGES

NOTABLE RULE CHANGES FOR HIGH SCHOOL

- » **1-6-2** Distinguishes the field player crosse from the goalkeeper crosse specifications into a separate article.
- » **1-9-1** Specifies that certain pieces of equipment shall be worn as the manufacturer intended and shall be specifically designed for lacrosse. Additionally, clarifies that the jersey numbers shall contrast from the body of the uniform and be of a single solid color.
- » **1-9-3** Deleted, as it is more clearly defined in 4-24-7.
- » **2-2** Allows for multiple captains to be designated before the start of the contest.
- » **2-7-2** Deletes language around the responsibilities of the CBO in counting crosses. This also clarifies that the CBO should be counting the number of long crosses on the field without the need for a coach request.
- » **2-8-1** Deletes language around the CBO responsibilities under Timekeeper.
- » **3-3** Adds “get it in,” which is used during play but not specified.
- » **4-3-3** Defines what is considered an illegal body check during the faceoff and eliminates “immediately.”
- » **4-3-2, 4-6-3** Reduces the number of instances that rely on alternate possession.
- » **4-9-2, 4-9-3** Appropriately moves language from 4-9-2 into 4-9-3.
- » **4-22-1** Illegal Procedure is the more appropriate designation.
- » **4-24-11** Specifies that a player must leave the field if their helmet comes off during play and cannot return until the next dead ball after play continues.
- » **5-4-2** Gives an additional option in penalizing contact to the head/neck area that is deemed to be indirect.
- » **5-6** Eliminates unnecessary language around gloves. The altering of gloves in relation to the palms/fingers is not as the manufacturer intended and thus does not need clarifying language.
- » **6-1** Clarifies language around a penalty against a team that does not have possession of the ball.
- » **6-6-4** Adds language on conduct fouls to a more appropriate spot in the book.

YOUTH ONLY CHANGES - Rules Distinct from High School

- » **HS New Rule (5-4-2)** USAL Youth Rules will not follow the change to a one-minute penalty option at the High School level. The youth committee felt that the stronger two-minute penalty remained a better option to control play.
- » USAL Youth Rules passed an allowance of one-handed stick checks for 12U and 14U youth play. The committee felt that the penalties around slashes were in place to ensure safe play and that the allowance of one-handed checks at this 14U and 12U level was an important part of the safe



progression of skills for the player.

