



USA Lacrosse Area Coach Roster



Men's Game or Women's Game:	Men
Awards Area Name:	San Diego
Area Chair Name:	Russ Cantu
Total Number of Qualified Teams:	58

Team/School Name	Head Coach (AD if no HC available)	Last Name	Email
Army Navy Academy	Kevin	Moss	Kmosse@armyandnavyacademy.org
Bishop's	Steve	Sepeta	steve.sepeta@adrln.com
Bonita Vista	Sam	Cardenas	cardssam@gmail.com
Canyon Crest	Alex	Siegel	alex.siegel@sduhsd.net
Canyon Hills	Charles	Kaczmarek	kaczz.stuff@cox.net
Carlsbad	Frank	Temple	fjtemple@gmail.com
Castle Park	Jesse	Garcia	coachjessegarcia@gmail.com
Cathedral Catholic	Crian	Cooper	blacrosse@cchsdons.com
Clairemont	CK	Littlewood	ck@cklittlewood.com
Classical Academy	Russ	Cantu	russ@cahsjax.com
Coronado	Alex	Cade	alex.cade@adrln.com
Del Lago	KJake	White	jakewhite2656@gmail.com
Del Norte	BJ	Wroten	delnortelax@gmail.com
Eastlake	Tristan	Corpus	tristancorpus1@gmail.com
El Capitan	Zach	Cagle	caglezach@gmail.com
Fallbrook	Louis	Jones	ltj081288@gmail.com
Foothills	Brandon	Morgan	brandonmorgan@foothillsschool.net
Francis Parker	Cooper	Sloan	gsloan@francisparker.org
Granite Hills	Henry	Diaz	hdjax13@gmail.com
Grossmont	Ian	Maunsell	ian.maunsell@gmail.com
Helix	John	Whittles	whittles@helixcharter.net
Hilltop	Bob	Santos	sliderule512@gmail.com
La Costa Canyon	Dallas	Hartley	dallas.hartley@sduhsd.net
La Jolla	Adam	Morawski	lrvikingslacrosse@gmail.com
La Jolla Country Day	Kyle	Espejo	kespejo@ljcds.org
Lincoln	Johnathan	Adlam	mjadlam@gmail.com
Mar Vista	Luis	Neria	nerialuis92@gmail.com
Mater Dei Catholic	Ricardo	Barrios	rbarrios@mdchs.net
Mira Mesa	Stan	Aben	stan.aben@gmail.com
Mission Bay	Seth	Whittenberg	swhittenberg1@sandi.net
Mission Hills	David	Wong	david_wong17@hotmail.com
Monte Vista Spring Valley	Alex	Fajardo	alexandro.fajardo412@gmail.com
Morse	Owen	Chapman	ochapman@sandi.net
Mt. Carmel	Bob	Klein	bobkleinson@sbcglobal.net
Olympian	Keith	Quigley	puckidz@gmail.com
Otay Ranch	Adrian	Van Vleck	adrian@fitnessnerdonline.com
Pacific Ridge	Graham	Elsdon	gelsdon@pacificridge.org
Patrick Henry	John	Sullivan	phsdlacrosse@gmail.com
Point Loma	Deron	Ambler	dambler@sandi.net
Poway	Owen	Springett	owenspringett5@gmail.com
Preuss (AD)	Leah	Anderson	llanderson@ucsd.edu
Rancho Bernardo	Mike	Dasch	director@socaldevils.com
Rancho Buena Vista (AD)	Tim	Fay	timothyfay@vistausd.org
Sage Creek	Dan	Stofka	dan.stofka@gmail.com
Saint Augustine	John	Tolla	johnctolla@yahoo.com
San Diego	Jody	Herman	jherman1@sandi.net
San Dieguito	Kyle	Allen	sdamustangslax@gmail.com

San Marcos	Mike	Mathai	mathaimike@gmail.com	
San Ysidro	Adrian	Rodriquez	coach.rodriquez88@gmail.com	
Santa Fe Christian (AD)	Doug	Miller	dmiller@sfcs.net	
Santana (AD)	Luke	Phillips	lphillips@guhsd.net	
Scripps Ranch	Bob	Francy	bo@evolvesd.com	
Torrey Pines	Jono	Zissi	jono.zissi@adrln.com	
University City	Chet	Zygmont	chetszygmont@gmail.com	
Valhalla	Isaac	Merfalen	fantumlacrosse@yahoo.com	
Valley Center	Payton	Rutherford	63rutherford@gmail.com	
West Hills	Lucas	Hondros	lhondros@guhsd.net	
Westview	Blake	Champoux	champouxblake@gmail.com	